

### The Week Ahead

Tuesday Ladies Group - 2pm

Thurs - Music Group Practise 7:30pm

Friday - Craft Club - 10am Friday - Beat the Freeze - 10am-12

> Saturday – Pilates – 9:30am All @IMC

## Uniformed Groups (Tues @ IMC)

Rainbows - 5pm / Brownies - 6pm / Guides - 7pm / Explorers - 7.30pm

Centre Stage Performing Arts School

Thurs - 5pm - Fusion Dance Sat 1pm - Drama/Theatre @Wilmot Street

Wednesday, Jan 24 - Ladies Group 7:30pm - Quiz @IMC

"Lord we pray for your healing touch on all who are ill or troubled. Thank You"

## **MUDDY CHURCH**

You are invited to Wander and Wonder at Muddy Church - Shining Cliff Youth Hostel, Ambergate - January 21st 2pm to 3.30pm.

This Muddy church is in a beautiful remote setting; being in a woodland we will be thinking about everything tree and history!

For directions and parking see the poster or email roanna.outreach@gmail.com

IMC Email - Admin@ilkestonmethodistchurch.co.uk

Please send Articles and items for Notices By 9pm Wednesday

Paul's email: pparkin70@gmail.com phone: 07983081384

## $News\ sheet\ -\ Jan\ 14^{th}\ 2024\ Rev\ Tim\ Simms\ -\ 01773750659\ Tim.simms@methodist.org.uk$



All Services at IMC@Wilmot Street

14 Jan - 10:30am – All Ages Café Praise – Spiritual water

14 Jan - 4pm-6pm — Ilkeston: Rooted

21 Jan - 10:30am - All Age Worship - Mrs Geraldine Stamp

21 Jan - 7pm — SOUL CAFÉ — Risk, Hope and Happiness — Guest Adrian Smith

28 Jan - 10:30am - Michael Slater

Feb 4<sup>th</sup> 2024 – 10:30am Rev Tim Simms

#### Click here to join the service

Meeting ID: 992 0345 5147 Passcode: 135485 Or go to Zoom.com and click join the meeting.

#### Welcome!

We are delighted you are here with us. If it is your first visit, then a particularly warm welcome to you.

We have tea and coffee at the end of our services. Do please stay and have a chat with us and we will be very happy to answer any questions you may have.

# **ILKESTON: ROOTED**

looted @IMC; Today 4.00pm for hot food,

craft and worship commencing at 4.30pm.

If IMC members can provide any cakes this would be welcome



FOOD FAITH FAMILY

Ilkestonmethodistchurchuk



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## **Beat The Freeze Friday** (Warm and Welcoming Spaces) Every Friday from 10:00 to 13:00. @IMC

Hot drinks, snacks and nibbles served. Come and catch up with old friends; or meet new ones.

No charge.

Thanks for Derbyshire County Council for their support.

#### Holy Spirit of God,

You promise to come to us in our need.

When we have been hurt and feel low.

when people take advantage of us for their own ends

it's hard to know that you are there. We don't always know how to pray to you.

Help us to discover your presence in the pain and confusion.

Give us the hope that comes from realising that you know and understand us,

and that the deepest longings of our hearts

are an unspoken prayer that we might be renewed by your love, and transformed by your grace.

#### Amen.

#### Water

**68.7%** of the fresh water on Earth is trapped in glaciers.

30% of fresh water is in the ground.1 1.7% of the world's water is frozen and therefore unusable.

#### **FOMO**

29% of Brits fear missing out on chocolate when looking to lose weight, according to a survey of 2,000 adults for Slimming World.

It topped the poll ahead of FOMO (fear or missing out) on takeaways (24%), fish and chips (21%) and fry-ups (18%).

Frewash Sound

#### **MUDDY CHURCH**

Muddy Church is a community that provides a space for people to gather outside and connect with God and nature. It is an intergenerational idea that encourages groups to discover the gifts in their community and offers resources for free download or online use. The heart of Muddy Church is to offer spaces to "wander and wonder" together.

Lucie, who began Muddy Church almost five years ago, has developed it into a community that engages with people all over the UK and beyond

Muddy Church's resources include reflection sheets, activity ideas, trails, and monthly resource packs and activities. These resources are free to use and adapt to your setting. Muddy Church is unique and designed around your community. It is a fun and engaging place that welcomes everyone to journey together, talk, explore, grow, have fun, and be. https://www.muddychurch.co.uk/

From the end of January 24, David and Helen will no longer have a telephone landline.

Dave is contactable on 0796 781 8915.



### **HAPPY BIRTHDAY**

19th Carol Francis 21<sup>st</sup> Sandra Toplis 30th - David and Peter Shirtcliffe. Sarah Shelton

#### **Youth Forum**

The next youth forum meeting will take place on Friday 19th of January.

The forum is a place to share ideas, to encourage people, to pray with others working with families and young people and also to talk through any issues or proposals.

We are not on our own; we can lean on and learn from each other and this is the place for that if you are working with young people in the circuit.

We have found these meetings to be useful and uplifting. If you haven't attended before but would like to, you are more than welcome.

This meeting is marked to take place face to face at Darley Dale Manse at 7.30pm. If attending via zoom would work better for you and help you attend then we can change this to an online meeting.

Please book on so we know how many are attending (mobile number and email address below). Also stating your preference of face to face or zoom.

07359089198 roanna.outreach@gmail.com

## **Dates for Diary**

#### January 2024

18-25 - Week of Prayer for **Christian Unity** 

**27 -** Holocaust Memorial Day

#### February 2024

11 - Racial Justice Sunday

11 - Sunday before Lent

13 - Pancake Day (Shove Tuesday)

14 - Ash Wednesday

18 - Student Sunday

**18 -** First Sunday in Lent

**More Interesting Dates** 

Jan 14<sup>th</sup> – National Popcorn Day

Jan 14th - The Clarinet is invented, 1690 USA

> Jan 19<sup>th</sup> - Scrabble is invented, 1955 USA

**Sat 20**<sup>th</sup> – Cheese Lovers Day and Penguin Awareness Day

#### **WATER**

70% of the human brain is water.

It takes more than twice the amount of water to produce coffee than it does tea.

### **Update from Doreen**

Dereck went into Hospital over the Christmas Period, and wasn't well, he came out over New Year but is back in hospital and is very low on potassium and is being given oxygen, Doreen asks for prayers for strength for Doreen, family and Derek.